

Aspin Park Early Years Group Newsletter

Autumn 2022

Children's Snacks

This term, we will provide a healthy snack for your child. They will be offered a piece of fruit or cubes of cheese, a plain biscuit or bread stick, toast or porridge, dependant on the season etc. Hopefully, this will encourage children to try foods that they perhaps wouldn't try at home. There will be a small charge of £1.00 per week, which will be billed to you. All children are offered fresh milk at snack times, unless they have an allergy. Everyone should bring a named water bottle. **Please do not send in barley water, due to an allergy.**

Absence

If your child cannot attend pre-school, it is important that you let us know, phone 865865. Our registers are audited by the local education authority and any frequent or long-term absences could be queried.

Book Of the week

The title will be displayed on the notice board at the start of the week, along with the words of the week. We talk about what the words mean with the children.

Looking after your child's teeth

Recent guidance has highlighted that the most common operation for children under 8, is tooth extraction under general anaesthetic. We do not have fluoride added to the water in North Yorkshire. It has been found that a pea sized amount of adult toothpaste is more effective in protecting children's teeth. Children will also need assistance brushing until approx. 8 years. Foods that should only be eaten only at mealtimes are dried fruit, smoothies, juices and fruit yoghurt, all high sugar products.

Collection of Children

Please let us know if someone else is collecting your child, we should only let children go if we have been advised. If we don't know the person collecting them, please supply a password. This will protect both your child and our staff. Phone no. **865865** from 8.30 – 4.00

Personal, social and emotional development.

This term we will be focussing on Personal, Social and Emotional Development. We will introduce the children to each other during circle time, sharing songs, nursery rhymes and stories. When it is a child's birthday, we make a card, and we all sing happy birthday together. We encourage children to play together, when this is developmentally appropriate. We will encourage children to follow routines and rules at preschool and we will encourage and talk about turn taking and sharing. We will discuss emotions, using words like happy, sad, or worried. Children will be encouraged to be as independent as possible with self-care. At snack time, we will provide a varied selection of fruits and vegetables, seasonal if possible and everyone will be encouraged to try. When we return after October half term, we will focus on Expressive Arts and Design. We will have lots of opportunities to explore different materials and let children decide how to use them and what to make. We will use powder paint to explore colour and colour mixing. We will use instruments and share lots of songs and rhymes. We use a lot of glitter!!

Book Bag

Please send in a bag which will hold a book then we can send library books home to share.

Children's Clothing

We will still have windows and doors open for ventilation, no matter the weather. Please send your child in lots of layers, especially fleeces, so we can all keep warm. Please send in gloves and hats if needed.

Could you please name all children's clothing, shoes and bags? When you have 24 children to dress it is very difficult to find coats etc; especially when the children don't know which one is theirs. Also please send in footwear that they can manage themselves (no laces).

Medication

We can only give medication to children if they have a life-threatening illness. You must either keep your child off pre-school or you are welcome to come in and give the medication yourself.

North Yorkshire Sleep Clinics

Does your child have difficulty sleeping? Is it impacting on their behaviour or family life? Do you need some support from a trained sleep practitioner?

Your chance to talk directly to sleep practitioners, who are there to help you and your child sleep better.

Contact Claire Earley on claire@thesleepcharity.org.uk or call 07568 052300

Early Years Choking Hazards

Please remember to cut grapes and sausages lengthways. Cut carrots into sticks, this is to avoid them getting stuck when swallowed. Also remove stones from soft fruits.

Term dates

Autumn term starts on Monday, 5th September.

Half Term break up Friday, 21st October, back to preschool on Monday, 31st October.

Christmas Break up on Friday, 9th December

Christmas Party, Monday, 12th December

Nativity Play, Tuesday, 13th December

Back to preschool, Tuesday 3rd January 2023

Children's funding

Please ensure that you have returned your completed child's funding form.

If you have a 30-hour eligibility code, this needs to be reconfirmed every 3 months. As well as 30 hours, you need to confirm eligibility for Tax Free Childcare if you receive it, every 3 months.

If you have any queries or need any further information regarding funding, please log into

<https://www.gov.uk/30-hours-free-childcare>

Please pay any invoices in the first 2 weeks of pre-school. If you have any problems speak to Cheryll.

Infectious illnesses

We would like to remind parents/carers that children must not be brought to playgroup if they are suffering from an infectious or communicable illness.

To prevent the spread of infection, children who have suffered from diarrhoea and/or vomiting, must not be brought back to the group until they have been clear for 48 hours.

Open evening

We will be holding an open evening in November to enable you to meet your child's key people. We will send out an invitation nearer the time.

Applying for school for September 2023.

If your child was born between 1 September 2018 and 31 August 2019, they are due to start school in September 2023. You will need to apply online between October and January via the North Yorkshire County Council website [Apply for a place at a primary or secondary school | North Yorkshire County Council](#) – more details to follow.

We hope that you have had a lovely summer break and look forward to the Autumn term.

Telephone number during working hours: - 865865

That's all for now, Cheryll, June, Sarah, Helen, Sue La, Jackie, Moira, Ann, Janice, Sarah G and Chloe.